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Media Contact: Sara Johnston
804-359-1700 ext. 306
sjohnston@arthritis.org

TEAM UP TO FIGHT ARTHRITIS
Sign-Up Now for December 8th Event

Roanoke—The Arthritis Foundation is calling for people to take action against arthritis by participating in WSLS 10’s Jingle Bell Run/Walk for Arthritis. The Arthritis Foundation’s Jingle Bell Run/Walk events kick off nationwide during the holiday season, raising awareness of America’s leading cause of disability, while raising desperately needed funds for research, health education and government advocacy to improve the lives of people with arthritis. To celebrate the holiday season, participants don festive holiday costumes and join friends and neighbors in support of the Arthritis Foundation’s mission to prevent, control and cure arthritis and related diseases.

WSLS 10’s Jingle Bell Run/Walk for Arthritis will take place on Saturday, December 8 in Downtown Roanoke. To get involved or to form a team, visit www.JingleBellRunRoanoke.kintera.org or call the Arthritis Foundation at 800-456-4687 ext. 306.

Arthritis or chronic joint symptoms are more widespread than imagined, affecting 46 million Americans and approximately 300,000 children. Here in Virginia, arthritis affects more than 1.5 million people.

“The prevalence of arthritis in our nation is surging, and we cannot ignore it. Events like the Jingle Bell Run/Walk for Arthritis Help bring the community together to raise awareness and funds that are critical to the advancement of research, health education and government advocacy,” said John H. Klippel, M.D., president and CEO of the Arthritis Foundation.

WSLS 10’s Jingle Bell Run/Walk for Arthritis offers a three-mile chip timed run and a one-mile walk. Registration begins at 7:30am and the race kicks off at 9am. Enjoy a post race party at Center in the Square directly following the race. Early registration is $20 for adults and $10 for children 10 & under. As of midnight November 15th the fee increases to $30 for adults and $20 for children 10 & under.

The Arthritis Foundation is the only nationwide, not-for-profit health organization helping people take greater control of arthritis by leading efforts to prevent, control and cure arthritis and related diseases -- the nation's number one cause of disability.